

Forest Lakes

Adult Excellence Program (AET)

Fall Session

September 3-November 24

CLINIC PROGRAM

PRE-REGISTRATION: Email Rob at JTforestlakes@gmail.com or sign up **ON THE PLAYTOMIC APP** weekly. Please be sure you register by class and not for the entire course. I will accept cancellations within 4 hours/night before via email. If you do not attend or cancel late, you lose all fees associated with the registration of the clinic. If you do not know where to register, email or call Rob.

*Minimum registration is 2 players, except Cardio (4 players). If 2 players, all 90 min classes will be shortened to 60 min, with no increase in clinic fee. If 1 player is registered, Rob will offer a 60 min private at the current rate.

PAYMENT: Fees are paid in full day of class unless you register online. No cash please. Venmo: @jtatennis, Zelle (use my cell phone number (804)-240-5382), or Check payable to Johnston Tennis Academy.

INCLEMENT WEATHER POLICY: Rob will communicate if a clinic needs to be cancelled or rescheduled due to acts of God or any other extenuating circumstances.

LOCATION: All tennis clinics will be held at North and all Pickleball clinics at South 3b. If there is a move, Rob will notify all registrants via text (need cell's) and/or email in advance.

Special Adult Camp week

Dates	Session Times	Daily Session cost	Full week	Ratio
September 3-6	10am-12pm 6pm-8pm (except Fri)	\$35/session	\$120	6:1 Min 4 players for session to run

CLINIC SCHEDULE (classes can be added or deleted based on registration)

Class	Day	Time	Session cost	Ratio
AET Beginner	Thursday	6:30-7:30 pm	\$18.00 \$108 6 wks	6:1 Min 2 players
Cardio Tennis All levels	Tuesday Thursday	6:30-7:30 pm 7:30-8:30 pm	\$18.00	8:1 Min 4 players
AET 2.0-2.5	Monday	6:30-8 pm	\$27.00	6:1 Min 3 players/wk
AET 3.0-4.0	Sunday	9-10:30 am and/or 6-7:30 pm	\$27.00	6:1 Min 3 players*
Pickleball lessons	By appt (email us)	By appt (email us)	\$20-60	1-6 players max

Adult Club Leagues and Open Plays

League	Day	Time	Weekly cost	Dates
Game arranging singles (Tennis/Pickleball)	Flexible Sun-Sat	Flexible	\$10	Sept 8- December 1
Meet Up Doubles Tennis	Sunday Monday Friday	9-10:30 am 6:30-8 pm 9:30-11 am	\$10	Sept 8- December 1
Men's 3-player *Depending on # of teams	Thursday	6-8 pm	\$10	September 5- October 10*
Quad League Pickleball	Saturday	9-11 am	\$10	September 7- October 12
Pickleball Open Play	Tuesday	7-9 pm	None	September 3- December 31

Game Arranging: I will email those registered to see when you can play the next week-10 days and I will arrange a singles match based on your availability. The more flexible you are the more play you will get. I will also match it up based on level within .5 of your rating (i.e. a 3.0 could play a player 2.5 or 3.5 rating) Balls will be included and awards given out at the end of the season. I hope to get some daytime, weeknight, and weekend play with this.

Meet Up Doubles: Similar to Game arranging, but it is booked on the days/times above (weekday, weeknight, and weekend options). Let me know each week or any dates through the session when you can play. Registered players receive an email and will know who and when you will play. This is intended to play as a doubles league, but if there are numbers that warrant a singles court, we can do that if the players are ok with it. You will switch partners after each set. Play up to 3 sets and record the number of games you win. Balls included and awards to the top 3 players.

Men's 3-player night: I like to get at least 4-5 teams for this but have had as many as 6. I will set up 3 player teams based on your level/rating. Each player will play one set of singles and 2 sets of doubles each time you are scheduled to play. If you are not available on a scheduled week, you will need to let me know by the preceding **SUNDAY** and I will attain your sub. If you cancel late, the sub does not pay. I will send a schedule for when you play. Balls are included and awards to the winning team!

Quad League Pickleball: Like the men's 3-player, except 4 teams with 4 players each (coed even). You can create your own team, but I can also match up players to form a team. You will play 3 games of doubles (11 points) with each teammate. You will have a schedule when you play. If you cannot make your scheduled week, I will need to know by the preceding **Tuesday** and I will get a sub. If you cancel late, the sub will not pay. Balls not included. Awards to the winning team.

Pickleball Open Play: This is not a structured league. You simply show up to play. Balls are not included. It is my hope that we can add a few more open plays and fun social leagues. If interested, please email me!

Other special events coming in the fall:

August 31-September 1: USTA Forest Lakes Fall Classic L6 BG 12, 14, 16, 18 singles

October 19-20: Forest Lakes Junior and Adult Battle Royale (one of the biggest events of the year)

October 26: Halloween Tennis Social

November 16: Forest Lakes Turkey Bowl 2024

December 7: Forest Lakes End of year Awards and Holiday Party in the Pavilion

December 31: New Year's Eve Party in the Pool House!