

Forest Lakes Community News

February 2022

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Dear Residents,

The 2022 FLCA Board of Directors would like to thank everyone who voted in this year's election and attended the annual meeting. A heartfelt thank you and fond farewell was given to exiting board member Scott Elliff and a moment of silence was held for board member Mike Tubridy who sadly passed away in late December. Both members will be missed.

The vote count at the meeting was as follows:

Rich DiMeglio	501
Jimmy Baranik	491
Todd McGee	474
Dick Billings	398
Melissa Helentjaris	316

Congratulations to Messrs. DiMeglio, Baranik, McGee and Billings for being elected to a two-year term on the board.

Another big thank you to all who completed our survey! The office staff is compiling the information to present to the board at the February meeting. We're looking forward to hearing what you all had to say – word on the street is that there's some good suggestions and information in them!

The Board looks forward to the opportunities and challenges of serving the residents of Forest Lakes, as well as with our Community Group site management team. 2022 key initiatives and projects will prove to be beneficial and necessary to our community. We encourage all residents to be active in the community. Contact a board member or the FLCA office with any suggestions or concerns. Your support and ideas/solutions are always welcome.

The Board will continue to keep Forest Lakes residents informed, as duly possible, on issues that affect our community. The primary sources of communication are through our newsletter, our website and through our "E-News". If you have not already signed up for E-News, you may do so by going to our website at www.forestlakes.net or by calling the association office at 973-4596.

Thank you for your continued support.

The 2022 FLCA Board of Directors

Jimmy Baranik, President

Jane Keathley, Secretary

Nancy Trudel, Director

Todd McGee, Vice President,
ARB Chair

Dick Billings, Director

Rich DiMeglio, Director

Function	Organization/Person	Contact Information
FLCA Site Manager (dues, ARB, common ground maintenance requests, building rentals, pool, and other FLCA issues or questions).	Tamera Hammond Community Group, Inc. Grace Elliff Community Group, Inc.	1828 Pavilion Circle Charlottesville, VA 22911 (434) 973-4596 manager@forestlakes.net FLAdmin@forestlakes.net
After-hours emergencies involving common areas, buildings or facilities	Community Group Emergency Hotline (call 911 also if necessary)	1-804-254-0427. Follow prompts for Homeowner Services; include your contact info and description.
Arbor Lake, Ashland	Stephanie Crouch <i>Real Property, Inc.</i>	(434) 823-4407 Arborlakesmanager@gmail.com ashlandmanager@gmail.com
Ravenswood and Ravenscroft	Tara Hirshell <i>Real Property, Inc.</i>	434-971-1600 ravensmanagerrpi@gmail.com
Willow Bend, Worth Crossing	Tara Hirshell <i>Real Property, Inc.</i>	434-971-1600 willowbendmanager@gmail.com worthcrossingmanager@gmail.com
Springridge	Mark Marshall <i>Real Property, Inc.</i>	(434) 202-1852 springridgeassociationmanager@gmail.com
Gateway Village	Sanjay Suri <i>Community Group, Inc.</i>	(434) 984-0700 ssuri@communitygroup.com
Mailbox Nameplates and Repairs	Dick Billings	(434)960-4999 dick.billings@gmail.com
Soccer Field Reservations	Tamera Hammond	manager@forestlakes.net
Tennis Pro	Jim Labinski	Tennis Pro Shop (North): (434)974-5567 Cell: (434) 249-6420 Zentennis929@gmail.com 1818 Pavilion Circle, C'ville 22911
Webmaster Forest Lakes Website – www.forestlakes.net	Tamera Hammond	manager@forestlakes.net
	OTHER CONTACTS	
Drivers/Car Licenses	Virginia Department of Motor Vehicles (DMV)	866-368-5463/www.dmvnow.com
Electricity	Dominion Virginia Power	(888) 667-3000
Roads & Signs, Snow Plowing	Virginia Department of Transportation (VDOT)	1-800-FOR-ROAD/800-367-7623
Trash Removal	County Waste	(434) 296-6000
Water and Sewer	Albemarle County Service Authority	(434) 977-4511
Gas	City of Charlottesville	(434) 970-3211
Albemarle County Police Non-Emergency		(434) 977-9041

Keeping in the Loop

DUES REMINDER

One last reminder that dues for 2022 have gone up just a tad! If you haven't adjusted your payments, please do so. FLCA HOA dues are now \$286 a quarter or \$1144 annually.

RESIDENT UPDATE

On pages 7-8 you will find a Resident Information Form. If you have never filled one out and filed it with the FLCA office, please do so and either email it to the address below or put in in the dropbox at the Pavilion doors next to the office. This will ensure you get your pool cards in May. If you have UPDATES to this form (birth of a child, kids moving out, kids moving in, phone/email change, etc.) please fill one out so we have your most accurate information on file.

If you rent a home in Forest Lakes, please make sure we have a copy of your current, executed lease in the office. You may email it to manager@forestlakes.net.

Thanks!

SHRED DAY AND SPRING BULK PICK UP

Spring 2022 Shred and Bulk Pick Up dates have been set. Friday, April 22nd will be Shred Day and Saturday April 23rd will be bulk pick up. Details will be in March and April newsletters.

WALKING AT DUSK OR AT NIGHT?

Please consider wearing some sort of reflective clothing or a headlamp when walking at night. This makes you more visible to oncoming cars. You can see them, but it's not always easy to see you! Always use sidewalks and off-road paths when possible. If you must walk in the street, walk facing traffic so you can react quickly. Be safe!

FRIENDLY REMINDERS

- Time to take the holiday decorations down! Per our Rules and Regulations, all decorations for any holiday must be taken down within 20 days after the holiday.
- Please place your trash/recycle totes at least three feet apart at the curb. This allows the automatic arm to pick them up.
- Continue to lock your car doors. It's those cars that are unlocked that seem to get broken in to. Fortunately, we haven't had any break-ins lately (thank you snow and ice) and let's keep it that way!

A SHOUT OUT TO A SHOVELER

A big thank you to a young gentleman who lives in the Springridge neighborhood who was shoveling the treacherous Springridge traffic circle after our first snowstorm this season. Colin Craig was asked why he was shoveling away the ice and snow from the shaded part of the circle and he responded, "because it needs it". Simple as that. Thanks Colin – maybe VDOT could use you!

WELCOME TO THE NEIGHBORHOOD!

Please join the FLCA Board of Directors in welcoming new residents to Forest Lakes!

Arbor Lake	Judy Arnold and Jackie Rockwell
Aspenwood	Matt Rhodes and Barbara Banas
Gateway Village	Damon and Danica Dance
Ridgefield	David and Kate Skeen
Timber Meadows	Chase and Anne Garrett
Whispering Woods	Sheila Kistler

FOREST LAKES COMMUNITY ASSOCIATION

1828 Pavilion Circle

Hours: Monday–Friday, 9:00 a.m.–5:00 p.m.

434-973-4596 | manager@forestlakes.net

Neighborhood Notes

FLCA MONTHLY BOARD MEETING

The next regular Board Meeting will be on Wednesday, 23 February 2022 at 6:00 in the Pavilion. The agenda for the meeting is available one week prior to the meeting at the association office and on the website. Please note that the topics for the meeting can change.

INTERESTED IN EUCHRE?

If you are interested in playing Euchre at the Pavilion during the week on Tuesdays or Thursdays (to be decided) please contact Nancy at nancymissana@gmail.com. She'd love to get a group together!

PARENTS GROUP

I have created a group for parents in the Forest Lakes community called Parents of Forest Lakes. We live in a great neighborhood with many families, and it would be fun to get to know each other more both in person and virtually. My hope is to plan family friendly events as well as adult only events. This would allow more neighbors to meet one another and for kids to make more friends. Please contact Melissa Helentjaris at mnhelentjaris@gmail.com if you would like to be included in this group via FB.

FOREST LAKES BOOK CLUB

The Forest Lakes Book Club meets the third Wednesday of every month at 1:00 at the Pavilion. The next meeting is on Wednesday, February 16th. The book selection is "My Name is Lucy Barton" by Elizabeth Strout. All residents are invited - please come and join the discussion!

EVER TRIED WRESTLING?

More presidents of the United States have wrestled than have done any other sport. Interested in your child learning more about wrestling? Not the "turnbuckles and broken chairs" craziness but the disciplined martial art that is a breeding ground for leaders and confident young people. Reach out to Forest Lakes resident Jim Harshaw. Jim, an NCAA All American (at UVA) and former Division I head coach, is a board member of the Cavalier Wrestling Club, a local USA Wrestling sanctioned Regional Olympic Training Center and youth program. jim@jimharshawjr.com or 434-409-0257

LACROSSE – WE WANT YOU!

If you have a child that is interested in playing lacrosse at any level, please contact Forest Lakes residents Hunter or Kelly Lynn. Hunter is the travel lacrosse coach for middle school and Kelly is a former W&L Lacrosse player. Both know the game and want to get you involved! Contact Hunter at hunterlynn3@gmail.com or Kelly at kellyl@acac.com.

JMRL BOOKMOBILE

The James Madison Regional Library's bookmobile comes to the North Forest Lakes parking lot the 2nd and 4th Mondays of every month from 2:00-2:30pm. You can obtain a library card, turn in books, pick up a book on hold or just browse through its collection of 1500 to 2000 books for all ages and interests! Come by and pick up a book!

BIBLE STUDY

The Forest Lakes Bible Study group meets from 10-11am in the Forest Lakes Pavilion each Wednesday. Pastor Dave Johnson leads the discussion of the Book of John. Please call Becky Rohrbach at 434/202.1373 with any questions. All residents are invited to attend.

BABYSITTER AND PET SITTER AND SNOW SHOVELER LISTS

The FLCA office has a list of babysitters, pet sitters and snow shovelers that are made up of Forest Lakes residents – for Forest Lakes residents. If you would like a copy, please call the office! If you'd like to be put on the list, please email Grace at FLAdmin@forestlakes.net.

YOGA CLASSES

Tech and Flow 1 held in North Pavilion | Tuesdays 11:15am–12:15pm

A half hour of flowing standing movement with an emphasis on technique and breathing followed by a half hour of floor time. Please call, text or email Karen Schultz first if you would like to join us. All residents are welcome! 434/962.2208 or leprofsch@gmail.com

Wellness Through Yoga held in North Poolhouse | Mondays 5:30–6:30pm

Hatha flow with emphasis on the breath, steadying the mind, and bringing awareness within ourselves. It's a level 1 and 2 class designed for Forest Lakes residents on a donation base. Space is limited. For further information and registration, please contact Tarti Djakaria at tdjakaria38@gmail.com

FOREST LAKES TENNIS NEWS

FEBRUARY 2022

South Courts Update

The South Courts are open for tennis and pickleball play. There is one caveat: snow and ice may make this very difficult.

Scientific research (i.e., trial-and-error by yours truly) has discovered that Mother Nature is best for clearing the hard courts of snow and ice. In the past, I have cleared courts of snow—it typically takes several days! By the time all of the snow has been cleared off court one with back-breaking shoveling, the snow has usually melted and dried up on court three—all by itself!

My advice: be patient and give it a few days of sunshine and warmer temperatures. After Mother Nature has done her thing, there might be some unmelted snow in the shade. I would then bring a plastic shovel (please avoid the metal-edged ones—scratches up the court surface) to clear those areas. You'll have to squeegee some water off before playing. Please return the squeegees to the fence.

North Courts Update

The North Courts are almost done!

Everyone knows the North Courts were supposed to be finished last spring. But because of “*dis, dat, and da utter ting*” (supply chain and staffing issues) they are not.

Before the cold temperatures came crashing in, the membrane and court material had been applied to five of the six courts. New sprinklers had been installed on two of the courts.

Obviously, this is a moot point. With snow and ice covering the courts, no one is playing tennis for a while. When the temperatures get consistently above freezing for an extended period of time, the crew will return and finish the job. Hopefully, this will occur sometime in March. Tamera Hammond, FLCA Manager, will see to it!

Winter Lessons

I am available for private, semi-private and group lessons by appointment during the winter season.

Scientific research has shown that tennis balls don't bounce properly under 40 degrees. Check your Weather Channel app often. When the weather looks good in a few days--provided the courts are clear--there is a good chance we could play.

Spring After School Junior Tennis

The After School Junior Tennis Program is tentatively set to begin on Monday, March 14. The first few weeks of the program will begin at the South Courts, and will move to the North Courts after the public school's spring break. I will have more details, and sign-up information in the March tennis newsletter.

Jim Labinski

Director of Tennis/Forest Lakes Tennis Professional

434.249.6420/ zentennis929@gmail.com

PS: Trivia question: do you know where “*dis, dat, and da utter ting*” comes from? A Dunlop tennis cap to the first person to who can correctly answer that question.



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FOREST LAKES COMMUNITY ASSOCIATION

2022 RESIDENT INFORMATION

Neighborhood: _____

*E-NEWS (Pertinent emails from the FLCA Office) OPT-OUT Only ☐

Check box below owner or renter:

HOMEOWNER(S): ☐

RENTER(S): ☐

First Name: _____ Last Name: _____

Address: _____ E-mail: _____

Home #: _____ Work #: _____ Cell #: _____

First Name: _____ Last Name: _____

Work #: _____ Cell #: _____ E-mail: _____

*In case of Emergency contact _____ # _____

CHILDREN/DEPENDENTS - (others living @ residence)

First and Last Name	Age	Grade (2022-2023 school year)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I have read all of the rules, understand, and agree that all residents, dependents, and household guests are expected to follow the rules for the safety of everyone at the Forest Lakes facilities. I also understand that pool membership cards are non-transferable under any circumstance. Fitness Center electronic cards are transferable only at the time of ownership transfer.

Signature _____ Print Name: _____

OFFICE USE ONLY:

Fitness Center Card # _____ / _____ Date _____

Additional card(s) issued

_____ Date _____ # _____ Date _____ # _____ Date _____ # _____ Date _____

CLUB AMENITIES: **SOUTH LOCATION:** recreational swimming pool with designated diving and lap swimming areas, children’s wading pool, four hard surface tennis courts with lights, fitness room equipped with state-of-the-art equipment, sand volley ball court, playground and soccer field.

NORTH LOCATION: recreational swimming pool with water slide and separate diving and lap swimming pools, wading pool, six clay surface tennis courts (4 lighted), tennis Pro-Shop and playground area.

FITNESS FACILITY: The fitness facility is accessible with a valid electronic access card. Each household is issued two (2) cards to the facility. Additional cards may be purchased through the Forest Lakes Community Association office at the North Recreation Center.

POOL ACCESS: Contact the Forest Lakes Community Association office for details.

LIABILITY/ OWNERSHIP: The recreational facilities are owned and operated by the Forest Lakes Community Association and are for the use of residents and their guests only.

RULES & REGULATIONS: All persons listed on this form are bound by and shall comply with the rules and regulations of the Forest Lakes Community Association as they are written and may be amended from time to time.

I HEREBY ACKNOWLEDGE THAT I HAVE READ THE ABOVE INFORMATION AND HAVE RECEIVED A COPY OF THE FOREST LAKES SWIM & TENNIS CLUB GENERAL RULES & REGULATIONS.

ADULT MEMBER

DATE

ADULT MEMBER

DATE

1/2022

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Know What to do in the Event of a Heart Emergency

Hands-only CPR is the recommended form of CPR should you see a teen or adult collapse. Quick action can increase the likelihood of survival during cardiac emergencies.

Be ready should a cardiac-related event strike someone in your home or neighborhood.

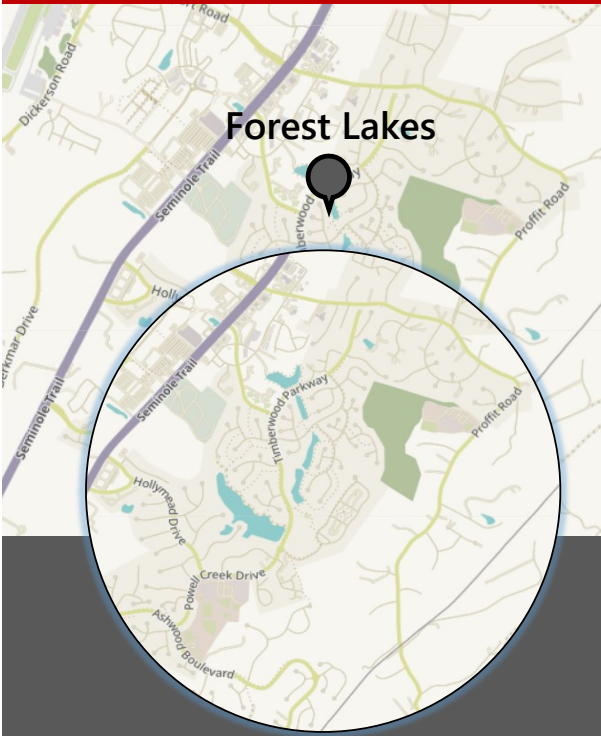
- Call 9-1-1
- Perform hands-only CPR until rescuers arrive:
 - Get directly over the victim
 - Place heel of one hand on center of chest, then place second hand on top of first
 - Push hard and fast to the beat of "Staying Alive"

Learn more about keeping your home and community safe at www.Albemarle.org/SafeatHome.

Learn more about keeping your home safe at www.Albemarle.org/SafeatHome.



Thinking of selling in **Forest Lakes**?



2021 Average Sale Price
\$415,275 (up from \$379,527)

2021 Average Days on Market
17 (down from 31)

2021 Number of Homes Listed
92 (up from 48)

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Michael O'Grady, PT, MS
434-548-0200
empowerpediatricpt@gmail.com

empowerpediatrics.com

Empower Pediatric Physical Therapy is a new home-based physical therapy practice offering PT services for your child. I come to your home because that is where your child lives, learns, and plays. You and I will work together to advance your child's motor skills primarily through play, which is a necessary component of a healthy childhood, with younger children. Older kids may desire more targeted skill development for mobility around the home and community and/or to play sports. I empower kids and families to achieve their best by using collaborative treatment approaches and mutual education in your home and community.

Empower was born from my own experiences receiving physical therapy as a child. I now have 20 years of experience as a PT treating children in Early Intervention and school and clinic-based settings. I have walked the walk as a child, and I have learned to talk the talk so that I can help families and children, just like my PT helped my family and me.

Let's help your child together. Call or email me for a free consultation. *Mike, P.T.*



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