## Forest Lakes Community News

March 2020

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Dear Forest Lakes Residents,

As many of you know, there were several incidents last month of individuals throwing rocks at cars, mainly along Timberwood Boulevard near the entrance to the north pool and tennis courts. We want all residents to know that the FLCA takes all incidents such as this very, very seriously. We have been working extremely closely with the Albemarle County Police Department, which has the ultimate responsibility to take action regarding these acts of dangerous criminal vandalism.

Both the ACPD and FLCA office received many reports and tips regarding these incidents – all of which have proved to be helpful. We are optimistic that these reports will lead to the identification and possible prosecution of the offenders. Thank you to all of those in our community who reported tips with this particular case – both big and small. All have contributed to putting the puzzle pieces together.

We encourage all residents to report any criminal or suspect behavior directly to the ACPD and follow it up with a call to the FLCA office.

Sincerely,

Derek Duval President Forest Lakes Board of Directors

Derek Duval, *President* flcapresident@duvalsearch.com

Sue Friedman, *Vice President* sue\_friedman@hotmail.com

Scott Elliff, *Treasurer* scott@ducardvineyards.com Jimmy Baranik, *Director* jbaranik@crutchfield.com Mike Tubridy, *Director* m.tubridy@yahoo.com Dick Billings, *Director* Dick.billings@gmail.com Todd McGee, *Director* Todd@nestrealty.com

Function	Organization/Person	Contact Information	
FLCA Site Manager (dues, ARB, common ground maintenance requests, building rentals, pool, and other FLCA issues or	Julia Stinnie Community Group, Inc.	1828 Pavilion Circle Charlottesville, VA 22911 (434) 973-4596 manager@forestlakes.net	
questions).	Tamera Hammond Community Group, Inc.	thammond@forestlakes.net	
After-hours emergencies involving common areas, buildings or facilities	Community Group Emergency Hotline (call 911 also if necessary)	1-804-254-0427. Follow prompts for Homeowner Services; include your contact info and description.	
Arbor Lake, Ashland	Stephanie Crouch Real Property, Inc.	(434) 823-4407 Arborlakesmanager@gmail.com ashlandmanager@gmail.com	
Ravenswood and Ravenscroft	Danielle Campbell Real Property, Inc.	(434) 465-6917 ravensmanagerrpi@gmail.com	
Willow Bend, Worth Crossing	Mark Marshall Real Property, Inc.	(434) 202-1852 willowbendmanager@gmail.com worthcrossingmanager@gmail.com	
Springridge	Mark Marshall Real Property, Inc.	(434) 202-1852 springridgeassociationmanager@gmail.cor	
Gateway Village	Sanjay Suri Community Group, Inc.	(434) 984-0700 ssuri@communitygroup.com	
Mailbox Nameplates and Repairs	Dick Billings	(434)960-4999 dick.billings@gmail.com	
Soccer Field Reservations	Tamera Hammond	thammond@forestlakes.net	
Tennis Pro	Jim Labinski	Tennis Pro Shop (North): (434)974-5567 Cell: (434) 249-6420 Zentennis929@gmail.com 1818 Pavilion Circle, C'ville 22911	
Webmaster Forest Lakes Website – www.forestlakes.net	Tamera Hammond	thammond@forestlakes.net	
	OTHER CONTACTS		
Drivers/Car Licenses	Virginia Department of Motor Vehicles (DMV)	866-368-5463/www.dmvnow.com	
Electricity	Dominion Virginia Power	(888) 667-3000	
Roads & Signs, Snow Plowing	Virginia Department of Transportation (VDOT)	1-800-FOR-ROAD/800-367-7623	
Trash Removal	County Waste	(434) 296-6000	
Water and Sewer	Albemarle County Service Authority	(434) 977-4511	
Gas	City of Charlottesville	(434) 970-3211	
Albemarle County Police Non-Emergency		(434) 977-9041	
Indated 10.22 10/EODEST LAVES		•	

## Keeping in the Loop

### MOBILE DMV IN FOREST LAKES-APRIL 21ST, 2020 IS FIRST COME FIRST SERVED

A reminder for upcoming that DMV will be in Forest Lakes: 1:00pm – 6:00pm: April 21st, June 23rd, August 18th, October 20th and December 22, 2020.

The DMV will be at the Pavilion starting at 1:00. They will not take anybody who comes in after 6:00. If you wish to get at REAL ID, please make sure you have all required documents. You can go online to www.dmv.virginia.gov to see what documents you will need to bring with you. Services provided by the Mobile DMV include REAL ID, drivers licenses, ID Cards (adult and child), disabled parking placards, vehicle titles, address changes, vehicle registrations, E-Z Pass transponders, compliance summaries, transcripts, hunting and fishing licenses.

### TGIF – FRIDAY, MAY 1ST, FOREST LAKES Poolhouse

We had a great time at our last TGIF, and we're going to do it again! All adult residents are invited to join us at the Poolhouse (change of venue!) from 6-8:00pm on Friday, May 1st. Drinks, light snacks and entertainment will be provided – you are welcome to bring a snack to share, but not obligated. See you then!

## WANTED - SWIM INSTRUCTOR

Are you, or do you know of an adult, who is certified to teach swim lessons to all ages? If so, please call Tamera at the FLCA office to discuss! 434.973.4596

## SPRING SHRED DAY AND BULK PICK UP

Forest Lakes Shred Day is scheduled for Friday, April 17th from 10am-2pm at the North Pool parking lot. You may bring your items to shred anytime between those hours. You can stay and watch them being shredded or leave them on the truck.

Bulk pick up will be on Saturday, April 18th beginning at 7:00am. You may dispose of regular household items such as small furniture, bags of trash, small metal items such as toasters, small televisions, etc. Please limit your materials to weigh no more than 50lbs per item and have your materials curbside for removal by 7am. \*\*\* ALL BULK MATERIALS MUST BE PLACED AT THE CURB \*\*\*

MATERIALS EXCLUDED from bulk pick up are: computers, printers, monitors and like equipment, large appliances such as washers, dryers, water heaters, stoves, or motorized equipment; rocks, concrete, dirt, tires, soil, sod, tree stumps, free liquids, paint, motor oil; construction trash/ renovation debris, combustibles, toxic or hazardous wastes, or any other material excluded from the disposal site, or any applicable state or federal law, as being hazardous or toxic (Asbestos, paint or gasoline). Any flammable products such as petrol chemicals or propane tanks from barbeque grills, dead animals, fecal matter, manure, brick, landscaping timbers, friable Asbestos, lead acid/wet cell batteries, bio hazardous material, needles, and ALL other medical waste are excluded as well.

Continued on next page

## **Keeping in the Loop, Continued**

## 2020 CENSUS INFORMATION & QUESTIONNAIRE ASSISTANCE

Everyone counts in the 2020 Census! Your response is important and will impact funding, representation and redistricting for our community for the next 10 years. Completing the questionnaire is easy and can be done online, by phone or by mail. Starting in March, every household in Forest Lakes and across the nation will receive information in the mail with details about how to complete the census questionnaire. Please respond as soon as possible and be sure to count everyone who lives with you.

If you would like additional assistance, join us for one of our community information sessions at the Forest Lakes Pavilion on Wednesday April 8th from 4:00-7:00pm or Thursday, May 7th from 4:00-7:00pm. A Census representative will be available to answer questions and assist you with completing your census questionnaire on the spot. Learn more about the census at www.2020census. gov.

## **RESIDENT UPDATE**

If you have never filled out and Resident Information Form and filed it with the FLCA office, please do so and drop it off at the office. This will ensure you get your pool cards in May. If you have UPDATES to this form (birth of a child, kids moving out, kids moving in, phone/ email change, etc.) please fill one out so we have the most update and accurate information on file. Forms are available on the website. Thanks!

## **SPRING IS AROUND THE CORNER**

It's time to take stock of the outside appearance of your home. Things to check:

- Is there mold growing on exterior of home?
- Are there overgrown shrubs and trees? Beds that need weeding and mulching?
- Is your mailbox post painted and straight? Mailbox rusty?
- Is your front porch clear of debris and "extra" items?
- Help keep Forest Lakes beautiful and a desirable neighborhood in which to live.

## COMING UP...

- Forest Lakes Earth Day Clean up Saturday, April 18th. (Details in April's newsletter)
- First Farmer's Market Tuesday, April 28th
- Pools Open Saturday, May 23rd

## **Neighborhood Notes**

### FLCA MONTHLY BOARD MEETING

The next regular Board Meeting will be on Wednesday, March 25th at 6:00 at the North Pavilion. The agenda for the meeting is available one week prior to the meeting at the association office and on the website. Please note that the topics for the meeting can change.

## FOREST LAKES CARD CRAFTERS

The Forest Lakes Card Crafter's group will Monday, March 9th, from 6:30 – 8:00pm at the North Pavilion. All residents are welcome to join us. Hope to see you there! Sherry Sinard

### FOREST LAKES BOOK CLUB

The Forest Lakes Book Club will meet Wednesday, March 25th at 1:00 pm in the North Pavilion.

Our book for March is "The Rosie Project " by Graeme Simsion. An International sensation, this hilarious, feel good novel is narrated by an oddly charming and socially challenged genetics professor on an unusual quest to find out if he is capable of true love.

Coffee, tea and a light refreshment will be served and all Forest Lakes residents are welcome to attend. Happy Reading!

## **BABYSITTER AND PETSITTER LIST**

The FLCA office has a list of babysitters and petsitters that are Forest Lakes residents – for Forest Lakes residents. If you would like a copy, please stop by the office! If you'd like to be put on the list, please email Tamera at thammond@forestlakes.net.

### YOGA CLASSES

These non-impact classes are held at the north Poolhouse.

Yoga: Tech and Flow 1 Tuesday and Thursdays, 11:15am – 12:15pm

A half hour of flowing standing movement with an emphasis on technique and breathing followed by a half hour of floor time

Please call, text or email Karen Schultz first if you would like to join us. All are welcome! 12-pack \$120; 6-pack \$75; 4-pack \$65 (Packages expire at 18 weeks from the first class. First class free if you buy a 12 pack.) Single class \$18.00. 434-962-2208 or leprofsch@gmail.com

Yoga: Hatha

Tuesdays, 6:15-7:15pm

Please call or email Kumud for pricing and information. 434-985-1785 or kmdvanderveer@gmail.com

## **BIBLE STUDY**

Please join us for Bible study every Wednesday at 10:00am in the Forest Lakes Pavilion. The journey with Paul continues! For questions please contact Becky Rohrback at 434/202.1373.

### JEFFERSON-MADISON LIBRARY BOOKMOBILE

The JMRL bookmobile is at the North Pool parking lot on the second and fourth Mondays of each month, from 2:00 - 2:30 pm. You can obtain a library card, turn in books, pick up a book on hold or just browse through its collection of 1500 to 2000 books for all ages and interests!

#### FOREST LAKES COMMUNITY ASSOCIATION 1828 PAVILION CIRCLE

Monday–Friday: 9:00am–5:00pm

Telephone: (434) 973-4596

Fax: (434) 973-1344

Email: manager@forestlakes.net

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#### FROM THE DESK OF JIM LABINSKI, DIRECTOR OF TENNIS

MARCH 2020

Dear Forest Lakes residents,

Can you believe it? Winter is almost over! Only a smidge of snow and a few cold days has resulted in a rather active winter on the courts of Forest Lakes. And it is only going to get better!

\*\*The **Spring After School Junior Program** will get going on March 9. There are one-, two- and three-times per week options. There are also four- and eight-week options. Please look over the information sheet in this newsletter and let me know if you have any questions. Space is limited so act quickly.

The program will start on the South Courts and continue there until the water is turned back on at North. I will alert all parents and players when this takes place.

A "meet-the-pro" event, and registration will take place on Saturday, March 7, 10:30-noon, at the South Courts. All Spring prospects are invited to come and meet me and hit a few balls. There is no charge, and some refreshments and snacks will be served. Let me know in advance if you're coming (so I can have an ample number of instructors/helpers on hand).

**\*\*USTA Leagues** will get underway in March as well. Home league matches will take up many courts and could disrupt your casual "walk on" play. The team captains and I will do our best to keep the Court Reservation Sheets up to date. Please be sure to respect the court reservation signs and use the Court Reservation Sheets prior to taking a court.

\*\*Forest Lakes will host a **Spring Tennis Social** on Saturday, March 14 at 9 am. This is in conjunction with **PATA** (the Piedmont Area Tennis Association), a local group that promotes adult and youth tennis in the area. Site will be determined. <u>Pre-registration is required</u> and can be done by contacting this link: https://form.jotform.com/200545393542150.

**\*\*Adult clinics and practices** have been well-attended during the winter and will continue. On Mondays, 6:30-8 pm, I do a "Game Improvers" clinic for 2.5 level players. On Tuesdays, 6:30-8 pm, I do an Advanced Women's Workout for 3.5 level players. On Wednesdays, 6-7:30, I do an Intermediate Women's Workout for 3.0 level players. On Thursdays, 6:30-8 pm, I do an Advanced Men's Workout.

I urge anyone wishing to play in these clinics to text me in advance to make sure it will be taking place, and where.

\*\*After the junior program begins on March 9, the USTA team practices begin. Mondays, 6:30-8 pm, I will conduct the 3.0 women's team practice. Tuesdays, 7:30-9 pm, I will conduct the 3.5 women's team practice. On Wednesdays, 6:30-8 pm, it will be the "Game Improvers." On Thursdays, the Advance Men's Workout will be conducted 7:30-9 pm.

\*\*The North Courts will undergo their **spring rejuvenation** sometime in March. Some 450-600 pounds of new clay court material will be applied. As always, please respect your Forest Lakes neighbors/fellow players and groom your court after you play. Sign up ahead of time and I might be able to water the court ahead of your court time.

\*\*I have several very expensive water bottles in the **lost and found** at the Pro Shop. If you think you may have left your Hydro Flask water bottle at the courts, stop by and reclaim it... before I sell it on eBay!

\*\*Don't forget that the **Forest Lakes Pro Shop** is your place to get new strings for your racket, new grips and over grips. I also carry Dunlop rackets. Demo one today!

See you on the courts!

Jim Labinsky Forest Lakes Tennis Professional 434.249.6420 (cell) Zentennis929@gmail.com Facebook: Zen Tennis at Forest Lakes



#### ZEN TENNIS AFTER SCHOOL PROGRAM AT FOREST LAKES 2020 SPRING 8-WEEK Youth Tennis Program BEGINS Monday, March 9, 2020

<u>Beginners I, II and III</u> (Guidelines) Player has little or no experience. Beginner I is for very young players, Beginner II is for slightly older beginners. Beginners III is for beginners that are 12 or older.

<u>Advanced Beginner</u> (Guidelines) Player must be able to hit 10 balls in a row against backboard from 20 feet away (forehand & backhand), rally with partner from the baseline 10 balls in a row each, serve 5 of 10 balls into appropriate service box, know how to keep score, and play a complete tennis match.

<u>Intermediate</u> (Guidelines) Player must be able to hit 20 balls in a row against backboard from 20 feet away (forehand and backhand), rally from baseline with partner 30 balls in a row, serve 6 of 10 serves to each service box, and must have played at least 5 complete tennis matches. Player must exhibit proper stroke mechanics and grips for all shots and must know the rules of tennis.

<u>Tournament Training</u> (Guidelines) Player must be able to maintain a baseline rally of 40 balls, properly execute volleys and overheads, and be able to execute flat, slice and kick serves. Players should also be training for high school or tournament competition.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30-4:30	<b>BEGINNER I</b>	<b>BEGINNER II</b>	<b>BEGINNER I</b>	<b>BEGINNER II</b>	<b>BEGINNER II</b>
3.30-4.30	AGES 4-7	AGES 7-11	AGES 4-7	AGES 7-11	Ages 7-11
4:30-5:30	ADV. BEG	INTERMED.	ADV. BEG	INTERMED.	ADV. BEG
4:30-5:30	AGES 7-11	4:30-6:00	AGES 7-11	4:30-6:00	AGES 7-11
5:30-6:30	BEGINNER III &	TOURN.	BEGINNER III &	TOURN.	BEGINNER III &
	Adv. Beg. 12+	TRAINING 6:00-7:30	Adv. Beg. 12+	TRAINING 6:00-7:30	Adv. Beg. 12+

• MINIMUM OF 3 STUDENTS PER CLASS required



"The free Saturday stroke clinics and individual instruction from the coaches just add to the great value of the Hurricanes."

- FLST Swim Dad

## **Online Registration opens April 1<sup>st</sup>**

https://forestlakesswimteam.wordpress.com

The Forest Lakes Swim Team is one of 18 summer swim teams in the Jefferson Swim League. We are open to Forest Lake resident swimmers from age 5 (by June 1<sup>st</sup>) to graduating high school seniors 18 years old.

After school practices begin in mid-May. Daily morning practices start when Albemarle County public schools end. Most swim team events are held at the South pool, including six free The mission of FLST is to provide a fun, team oriented summer activity. FLST is a competitive swim team whose goals are to develop a healthy competitive spirit, instill self-discipline, sportsmanship, team goals, spirit and friendship among the swim team members, and introduce swimmers to the yearround sport of swimming.

FLST has six swim meets (three home and three away) with other local teams in the JSL. Our season ends in July, with the JSL Championships at UVA on July 26 & 27, where all



"We have been on the swim team for several years and it is such a highlight for our family. Out of all the activities at Forest Lakes I think FLST brings the most families together. They accept all swimmers and provide a fun, safe and rewarding summer experience. It brings families from public school, private school, and home-schoolers together."

- FLST Swim Mom

For more information go to our team web site at: <u>https://forestlakesswimteam.wordpress.com</u> Please send inquires for specific questions via email to: <u>flsthurricanes@gmail.com</u>



The Tropical Storms is a five week development program of the Forest Lakes Hurricanes Swim Team (FLST). It is designed to be an introduction to the competitive swim team. This program will provide the basics of competitive swim strokes. This program is not a substitute for swim lessons.

Tropical Storms are for children 4 years old and all <u>new</u> swimmers under 7 years old.

The program will introduce young swimmers to the swim team style of swimming and advance them to be able to swim at least 1 pool length (25 meters) of Freestyle and Backstroke. This 45-minute practice is intended to be an introduction to the swim team. The Tropical Storms goal is to encourage as many young swimmers to enjoy the swimming sport in a fun and friendly environment. They will practice 3 times a week, Monday, Tuesday, Thursday from 12:00-12:45 at the South Pool.

#### Spread the word

Please share this information with your new neighbors and friends who might be interested in learning more about the 2020 FLST season and programs. Please use flsthurricanes@gmail.com to request specific information and to be added to our email distribution for the 2020 season.



## Respond to the 2020 Census online.

The 2020 Census marks the first time you will be invited to respond online—even on your mobile device. You can respond by phone or mail—they're secure, too—but going online is a great option, because it is:

#### Convenient

You can respond from anywhere, at any time, using a mobile phone, tablet, laptop, or desktop computer. You just need to be connected to the internet.

#### Easy

When you respond online, the website will guide you through each question on the 2020 Census and provide more information if you need it. The census form will be available in English and 12 additional languages. Videos and guides to the form will be available in 59 languages.

#### Secure

All responses submitted online are encrypted to protect personal privacy. Once responses are received, they are no longer online.

#### How to respond online: as easy as 1-2-3

- 1. In March 2020, your household will receive an invitation in the mail to respond online.
- 2. Visit 2020census.gov to access and complete the census questionnaire.
- 3. You're done!

For more information, visit:

#### 2020CENSUS.GOV

Shape your future START HERE >



D-OP-GP-EN-421

## 2020 Census FAQ

#### What is the census?

The census is a count of every person who lives in the United States and its territories. It happens every 10 years. In early 2020, you will be asked to count everyone who lives in your home as of April 1. Responding to the 2020 Census is a chance to shape your future.

#### What's in it for me?



Your responses inform where over \$675 billion is distributed each year to communities nationwide for clinics, schools, roads, and more.



Census data gives community leaders vital information to make decisions about building community centers, opening businesses, and planning for the future.



Responding also fulfills your civic duty because it's mandated by the U.S. Constitution. The United States has counted its population every 10 years since 1790.



Your responses are used to redraw legislative districts and determine the number of seats your state has in the U.S. House of Representatives.

#### Is my information safe?

Your responses to the 2020 Census are safe, secure, and protected by federal law. Your answers can only be used to produce statistics. They cannot be used against you by any government agency or court in any way—not by the FBI, not by the CIA, not by the DHS, and not by ICE.

#### When can I respond to the census?

In early 2020, every household in America will receive a notice to complete the census online, by phone, or by mail. In May, the U.S. Census Bureau will begin following up in person with households that have yet to respond.

#### What will I be asked?

You will be asked a few simple questions, like age, sex, and the number of people who live in your home, including children.

#### What won't be asked?

The census will never ask for Social Security numbers, bank or credit card numbers, money or donations, or anything related to political parties.

For more information, visit:

2020CENSUS.GOV

D-FA-GP-EN-034

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#### New clients receive 20% off their first visit when mentioning this ad

#### Call or stop by for an appointment - let our family take care of your pet family!



**NOW HIRING!** FULL-TIME WITH BENEFITS

#### **DELI ASSOCIATE**

Foods of All Nations is seeking an energetic and customer service oriented deli associate at their café in the UVA Research Park. If you enjoy sandwich making, working in a friendly environment, and a job with variety, this is the position for you!

Paid semi-weekly, every other Friday | Full-time

Please apply online at foodsofallnations.com/about-us, or stop by the Ivy location for an application



Live Life On Your Own Terms

### **NOW HIRING!**

Success North is hiring for motivated Personal Trainers and Front Desk Associates to join a new team in our cutting edge fitness center at the UVA Research Park. This is a chance to work in a fun, people oriented environment and be a part of the future of wellness. Full-time employees are eligible for benefits package.

To apply please email your resume to: bill@successstudiopt.com



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### 4th Annual Sunset Run The only 2.4 mile fun run!

Sunset Run is a fun run that donates all of its proceeds to the UVA Children's Hospital. It was created in 2017 by Catherine Swansiger and Samantha Sanford as a school project. Sunset Run is a run/walk, family friendly, dog

friendly event with **many raffles** from local businesses given away after the run. **Where**- Forest Lakes South, beginning and ending at pool and field area **When**- Saturday, May 2nd starting at 7:00 PM (Yes at sunset!) **Cost**- \$20 includes t-shirt if <u>registered by Friday, April 10th</u> **Contact Info**- Sam and Catie at <u>sunset.run@yahoo.com</u> **Parking**- limited space available, please carpool if possible

\_\_\_\_\_

Name	Age
------	-----

Email	l	

Amount enclosed: Race Fee \$20 + Donation \$\_\_\_\_\_= Total \$\_\_\_\_\_

\*\*Cash and check only. Make checks payable to Lynette Sanford (put Sunset Run in memo line)\*\* Circle Tee shirt size Youth S Youth M Youth L Youth XL

Adult S Adult M Adult L Adult XL

I would like all my registration fee to go directly to the UVA Children's Hospital (no tee shirt)

I understand that running a road race is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by all decisions of the race officials relative to my ability to complete the run safely. I assumed all risks associated with running this event, including, but not limited to: falls, contact with other participants, effects with weather, traffic, and conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this course. I, for myself and anyone entitled to act on my behalf, waive and release the organizers, race volunteers, Forest Lakes Community Association from all claims or liabilities of any kind arising out of my participation in this event. In addition, I understand that if the race is canceled by circumstances beyond the control of the organizers, my registration fee will not be refunded. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature:\_\_\_\_\_

Date\_\_\_\_\_

Parent/Guardian's Signature (if under 18)

Date

\*\*Mail form to: Sunset Run 1581 Thornridge Way, Charlottesville, VA 22911\*\*

## **AD SPACE OFFERED**

The Forest Lakes Community Newsletter offers ad space in each monthly issue. The newsletter reaches 1455 households—all within five minutes of many businesses in Charlottesville and northern Albemarle County. The submission deadline for advertisements is the 23rd of each month. The newsletter is delivered to all Forest Lakes households the 1st weekend of every month. It is printed in black and white. The newsletter is also available (in color) on our website, www.forestlakes.net.

Rates are as follows:

	Size (wide x tall)	Price Per Month
Business card	3.5" x 2"	\$20.00
1/4 Page	3.75" x 5"	\$45.00
1/2 Page	7.5" x 5"	\$75.00
Full Page	7.5" x 9.5"	\$150.00

A 10% discount is available for prepaid ads placed to run at least 3 months.

Ads are subject to approval by the Forest Lakes Community Association. Ads should be print ready and emailed as a PDF to thammond@forestlakes.net. For further questions, please email or call (434) 973-4596.





WholeHealth Medical is pleased to announce the addition of Dr. Kelly Henkler to our Family Medicine Practice. Dr. Henkler is a Family Medicine Physician who graduated from Albany Medical College in New York and completed residency training at the University of Virginia. Additionally she has a B.S. in Animal Behavior from Bucknell
University in Pennsylvania. She enjoys taking care of patients from all walks of life but particularly enjoys women's and children's health. She focuses on preventative and evidence based health care. In her free time she enjoys running and reading. Conveniently located at 1800 Timberwood Blvd, Suite A.
Call us today to schedule your appointment at (434) 305-0501





## Need to sell your home? Hear what people are saying about Savage & Company!

I can't overstate how good Tara & her team are. She is not afraid to be honest when it comes to price and she is an advocate for her sellers through the whole process. Tara is the consummate professional and her extra touches make all the difference. I could not have been happier with my experience and would recommend her a hundred times over. "The Savage Team are amongst the top Realtors in this area. Their knowledge of the Charlottesville marketplace is second to none. Their relationship with other realtors in town is also a big plus. I would use them again in a heartbeat. Great job! "

Zillow

"The Savage team is incredible. They helped us buy and sell a home this year and did so in record time. From the professional photographer they brought in to take pictures to using their moving truck free of charge to their incredible work ethic, they are great. "

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