

# Forest Lakes Community News

April 2018

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## DIRECTOR'S LETTER

As you may have seen from various media outlets, the Van der Linde single stream recycle business has stopped operations. Van der Linde was the facility that County Waste (our FLCA trash service contracted through June of 2019) used to help all of our residents with our single stream recycling efforts. As a board, we are focused on the best solution for this unexpected issue. At our March 28th board meeting, we met with some residents and 3 representatives from County Waste, and discussed ways to solve the recycling problem. We learned that "clean" recycling is the industry direction now, better meeting the needs of those companies who create new products from our recycled waste.

The good news is that we do want to continue recycling and have a solution to review. This solution would involve returning to separation of recyclable items. County Waste owns a "clean" recycling facility near Richmond that can process the Forest Lakes recyclables. Some board members plan to visit the facility. We considered other possible solutions, as well. The board will do some additional research and negotiation, as it appears any solution will involve additional cost.

The Board will vote on a final plan of action at our April 25th board meeting. Please be assured that we are keeping everyone's best recycling endeavors in mind.

We will have an update on our decision in the next newsletter and on the website. Our goal is to have a new recycling program in place by June 1st.

Please share your suggestions/comments with us.

Thank you!

Sue Friedman and Jimmy Baranik, Contracts Committee  
Board of Directors, Forest Lakes Community Association

Derek Duval, *President*  
duvaltarheel@duvalsearch.com

Sue Friedman, *Vice President*  
sue\_friedman@hotmail.com

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scott@ducardvineyards.com

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covais01@comcast.net

Jimmy Baranik, *Director*  
jbaranik@crutchfield.com

Mary Manley, *Director*  
manleyfamily4@gmail.com

<b>Function</b>	<b>Organization/Person</b>	<b>Contact Information</b>
FLCA Site Manager (dues, ARB, common ground maintenance requests, building rentals, pool, and other FLCA issues or questions).	Julia Stinnie <i>Community Group, Inc.</i>  Tamera Hammond <i>Community Group, Inc.</i>	1828 Pavilion Circle Charlottesville, VA 22911 (434) 973-4596 manager@forestlakes.net  thammond@forestlakes.net
After-hours emergencies involving common areas, buildings or facilities	Community Group Emergency Hotline (call 911 also if necessary)	1-804-270-1800. Follow prompts for Homeowner Services; include your contact info and description.
Arbor Lake, Ashland	Stephanie Crouch <i>Real Property, Inc.</i>	(434) 823-4407 Arborlakesmanager@gmail.com ashlandmanager@gmail.com
Ravenswood and Ravenscroft	James Watson <i>Real Property, Inc.</i>	(434) 202-1873 ravensmanagerrpi@gmail.com
Willow Bend, Worth Crossing	John Duffy <i>Real Property, Inc.</i>	(434) 202-1872 willowbendmanager@gmail.com worthcrossingmanager@gmail.com
Springridge	Mark Marshall <i>Real Property, Inc.</i>	(434) 202-1852 springridgeassociationmanager@gmail.com
Gateway Village	Sanjay Suri <i>Community Group, Inc.</i>	(434) 984-0700 ssuri@communitygroup.com
Mailbox Nameplates and Repairs	Dick Billings	(434)960-4999 dick.billings@gmail.com
Soccer Field Reservations	Tamera Hammond	thammond@forestlakes.net
Tennis Pro	Jim Labinski	Tennis Pro Shop (North): (434)974-5567 Cell: (434) 249-6420 Zentennis929@gmail.com 1818 Pavilion Circle, C'ville 22911
Webmaster Forest Lakes Website – www.forestlakes.net	Tamera Hammond	thammond@forestlakes.net
	<b>OTHER CONTACTS</b>	
Drivers/Car Licenses	Virginia Department of Motor Vehicles (DMV)	866-368-5463/www.dmvnow.com
Electricity	Dominion Virginia Power	(888) 667-3000
Roads & Signs, Snow Plowing	Virginia Department of Transportation (VDOT)	1-800-FOR-ROAD/800-367-7623
Trash Removal	County Waste	(434) 296-6000
Water and Sewer	Albemarle County Service Authority	(434) 977-4511
Gas	City of Charlottesville	(434) 970-3211
Albemarle County Police Non-Emergency		(434) 977-9041

# Keeping in the Loop

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## FARMER'S MARKET 2018

The Forest Lakes Farmer's Market will return on Tuesday, April 24<sup>th</sup>. It will continue every Tuesday through the spring and summer from 4:00–7:00pm in the South Forest Lakes facility parking lot. Look for the flyer in this newsletter—lots of vendors to visit!

## SWIM LESSON SIGN UP

Would you like your child to learn the proper swimming skills and strokes? Sign up date for the 2018 lessons is Tuesday, May 15<sup>th</sup> at the North Pavilion from 6:00–7:30pm. If you cannot make this date, there will be on-deck sign ups on Saturday June 2<sup>nd</sup> from 11:00 am–12:00pm at the North Pool. Look for the swim lesson flyer in this newsletter for class descriptions. Our swim instructors, Jean and Roberta, are experienced Red Cross certified instructors. They are excited and looking forward to another summer to teach your child water safety, proper strokes and the love of swimming!

## SPRING BULK PICKUP AND SHREDDING

The on-site shredding facility will be at the North Forest Lakes parking lot from 10:00am–2:00pm on Friday, April 20<sup>th</sup>. Bring as much as you want and let the shredder take care of it for you!

Spring Bulk Pick up this year will be Saturday, April 21<sup>st</sup>. You may dispose of regular household items such as small furniture, bags of trash, small metal items such as toasters, small television, etc. Please limit your material to weigh no more than 50lbs per item. All Bulk material must be placed at the curb the evening before pickup. Material excluded from pick up are: computers, printers, monitors and like equipment; large appliances such as washers, dryers, water heaters, stoves, or motorized equipment; rocks, concrete, dirt, tires, soil, sod, tree stumps, free liquids, paint, motor oil, construction

trash/renovation debris, combustibles, toxic or hazardous wastes, or any other material excluded from the disposal site or any applicable state or federal law as being hazardous or toxic (asbestos, paint or gasoline); all flammable products such as petrol chemicals or propane tanks from barbecue grills, dead animals, fecal matter, manure, brick, landscaping timbers, friable Asbestos, lead acid/wet cell batteries, bio hazardous material, needles and ALL other medical waste.

## RESIDENT UPDATE

A resident information sheet is in this newsletter to fill out and return to the FLCA office if you have never filled one out or you have changes to your current one on file. This will ensure you receive pool cards for the upcoming pool season!

## NEWSLETTER AD POLICY ADOPTED

At March's Board meeting, a newsletter advertising policy was adopted. It reads:

“The purpose of the Forest Lakes newsletter is to deliver content about events and information related to the neighborhood and its residents. The FLCA welcomes advertisements in the newsletter. However, all advertisements are subject to review and approval by the FLCA, which shall exercise such approval in its sole discretion. Prohibited advertisements include (but aren't limited to) those that: promote illegal or dangerous products, services or activities, (including weapons, drugs, tobacco, e-cigarettes and related products); promote offensive, discriminatory, or adult content or services; or contain infringing material. The FLCA does not endorse any of its newsletter advertisers.”

Should you have any questions, please call the Association office.

# Neighborhood Notes

## BIBLE STUDY

Bible Study is held every Wednesday from 10:00 – 11:00 am at the North Pavilion. Come join us as we follow the missionary journeys of Paul. Our group will be led by Revered Dave Johnson. Any questions please call Becky Rohrback at 434.202.1371. Hope to see you there!

## BABYSITTERS/PET SITTERS

Need a sitter for a night out or a pet sitter for a weekend away? The Forest Lakes Office has a list on hand with names of residents who will be happy to help you out! Stop by the office for a copy of the list. This is for Forest Lakes residents use only!

## COFFEE GROUP

The Forest Lakes Coffee Group will meet Thursday April 19th from 10 am–12 pm at the North Pavilion. One of our discussions will be inviting members to carpool to the last movie for the PVCC semester. The movie is scheduled to be The Post and free tickets can be picked up at 6 pm. From last month's discussion with Gabriel she emailed me and invited the group to her business during one of the summer months. We will also discuss this possibility and interest level. As usual, we will enjoy coffee, teas, pastries, fresh fruit and good conversation with new and established friends. Invite any new neighbors or friends to join us. Sherry Sinard

## PICKLEBALL OPEN PLAY THURSDAY'S 6-8 PM

Thursday's 6-8 PM @ the Forest Lakes Pickleball courts (Tennis Courts 3 & 4 @ FL South). We will be playing (weather permitting) starting March 15. Beginners & intermediate players interested in an evening of relaxed

social play are welcomed. Please contact Jane Cook if you have additional questions at ForestLakes.Pickleball@gmail.com.

## FLCA MONTHLY BOARD MEETING

The next regular Board Meeting will be on Wednesday, April 25<sup>th</sup> at 6:00 pm at the North Pavilion. Please note that the topics for the meeting can change. The agenda for the meeting is available one week prior to the meeting at the association office and on the webpage.

## DIRECTORIES

Forest Lakes directories are available at the FLCA office to Forest Lakes residents. If you are not in the directory and would like to be, you may obtain a Directory Form from the website or at the FLCA office. Office hours are Monday – Friday from 9:00am – 5:00pm

## YOGA AND SMOVEY CLASSES

These non-impact classes are held at the north Poolhouse.

### Yoga: Tech and Flow 1

Mondays: 5:45 – 6:45pm

Wednesdays: 6:15-7:15pm

### Chair Yoga

Tuesdays: 12:30-1:30pm

For questions on Yoga classes, call Karen Schultz (434) 962-2208

Smovey, Senior Fitness

Fridays, 9:30-10:30am

For questions about Smovey, contact Antje Waxman, (434) 227-0438 or antjewaxman@gmail.com

## FOREST LAKES COMMUNITY ASSOCIATION

1828 PAVILION CIRCLE

Monday–Friday: 9:00am–5:00pm

Fax: (434) 973-1344

Telephone: (434) 973-4596

Email: manager@forestlakes.net



**It's Back!  
Ladies Night!  
Painting at the Poolhouse  
Thursday, April 19th  
7:00pm**

**Join local artist Tamara Murray who will guide you in painting this beautiful summer sunflower. (in color of course!)**

**Cost:** \$25 per person/pay that night

**Bring:** Yourself and a beverage if you'd like.

**Reserve your spot:** email Tamara at: [tamarakmurray@gmail.com](mailto:tamarakmurray@gmail.com)  
Space is limited to 16 people  
Forest Lakes Residents only.



February's paint night – great fun and great paintings!



"The free Saturday stroke clinics and individual instruction from the coaches just add to the great value of the Hurricanes."

- FLST SwimDad

## Online Registration opens April 1<sup>st</sup>

<https://forestlakesswimteam.wordpress.com>

The Forest Lakes Swim Team is one of 18 summer swim teams in the Jefferson Swim League. We are open to Forest Lake resident swimmers from age 5 (by June 1<sup>st</sup>) to graduating high school seniors 18 years old.

After school practices begin in mid-May.

Daily morning practices start when Albemarle County public schools end.

Most swim team events are held at the South pool, including six free Saturday stroke instruction clinics.

*The mission of FLST is to provide a fun, team oriented summer activity. FLST is a competitive swim team whose goals are to develop a healthy competitive spirit, instill self-discipline, sportsmanship, team goals, spirit and friendship among the swim team members, and introduce swimmers to the year-round sport of swimming.*

FLST has six swim meets (three home and three away) with other local teams in the JSL. Our season ends in July, with the JSL Championships at UVA on July 27 & 28, where all swimmers compete.



**"We have been on the swim team for several years and it is such a highlight for our family. Out of all the activities at Forest Lakes I think FLST brings the most families together. They accept all swimmers and provide a fun, safe and rewarding summer experience. It brings families from public school, private school, and home-schoolers together."**

- FLST Swim Mom

For more information go to our team web site at: <https://forestlakesswimteam.wordpress.com>

Please send inquires for specific questions via email to: [flsthurricanes@gmail.com](mailto:flsthurricanes@gmail.com)

# What are your kids doing this summer?



## Join the Fun.

Visit our web site: <https://forestlakesswimteam.wordpress.com> for more information

Send inquires for specific questions to [flsthurricanes@gmail.com](mailto:flsthurricanes@gmail.com)

**Opening  
Day is  
Tuesday,  
April 24th!**



**Open 4-7pm  
Tuesdays  
at  
Forest Lakes  
South**

**STOP BY THE FARMERS MARKET ON  
TUESDAYS AT FOREST LAKES SOUTH POOL  
AND TENNIS CENTER PARKING LOT AND  
PICK UP SOME GREAT LOCALLY GROWN  
PRODUCE, ARTISAN CRAFTS, BAKED GOODS,  
PREPARED FOOD AND MORE!**

**2018 FARMERS MARKET FULL & PART TIME VENDORS**

HOLY GRAEL SORBET - SORBET IN MANY FLAVORS  
NATURAL ROOTS FARM - CHICKEN, DUCK, QUAIL, RABBIT, EGGS, HONEY, PRODUCE, AND MORE..  
SUNNY POINT FARM - BEEF, PORK, EGGS, GRANOLA, BAKED GOODS, JEWELRY, EMBROIDERY  
LYNN'S ESCAPE: ALL NATURAL HOME & PERSONAL ITEMS-LOTIONS, SOAPS, BALMS, & MORE  
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KIRT'S ICE CREAM - ICE CREAM AND SORBET IN MANY FLAVORS  
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RAG MOUNTAIN GIFTS-UPCYCLED HANDMADE SUNCATCHERS, WINDCHIMES, SPOON JEWELRY,MORE  
MILU'S - PULLED PORK BBQ, COLESLAW, MAC & CHEESE, SANDWICHES AND MORE.  
DUCARD VINEYARDS - VIRGINIA WINES GROWN AND PROCESSED AT DUCARD VINEYARDS

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 [www.forestlakesveterinaryclinic.com](http://www.forestlakesveterinaryclinic.com)  
[www.facebook.com/ForestLakesVetClinic](http://www.facebook.com/ForestLakesVetClinic)

**Be sure and ask about our military discount!**

# SNA 5K

## 10<sup>th</sup> Annual MEMORIAL FUN RUN FOR SYDNEY AICHS, ALL PROCEEDS TO BENEFIT THE SYDNEY AICHS SCHOLARSHIP FUND.

**\*\*Thank you to ALL for the years in support of this event that honors Sydney's memory. We are hanging up our running shoes after this year's race.**  
**\*\* The scholarship will CONTINUE on in Sydney's memory.**  
**Please join us all one more time!**

HOSTED BY: AHS Students; Friends and Family

**DATE/TIME:** Saturday, May 19<sup>th</sup> 2018: Fun Run begins at 8: 00 a.m., Registration Begins 7:15 a.m.  
**PLACE:** Forest Lakes South, Pool and Soccer Field  
**COST:** Registration: \$8, Checks can be made out to: **SYDNEY AICHS MEMORIAL SCHOLARSHIP FUND**  
**To Mail Forms** in advance: Please mail to AICHS- SNA 5K  
2691 Teakwood Drive, Charlottesville, Va., 22911 Or See Facebook Event  
**PARK:** Please carpool if possible. Forest Lakes residents please bike or walk to event.  
**CONTACT:** [ahssna5k@gmail.com](mailto:ahssna5k@gmail.com), Laura Massey, SNA Director  
T-shirts will be available first come basis. Water will be supplied.

\*\*\*\*\*

### SNA 5K, Entry Form

\_\_\_\_\_ Student?  
Last Name, First Name M/F Age at Race Yes No

\_\_\_\_\_ City State Zip Code  
Street Address

Email: \_\_\_\_\_ **T-shirt Size:** \_\_\_\_\_

Amount Enclosed: Race Fee \$\_\_\_\_\_ + Donation \$\_\_\_\_\_ = Total \$\_\_\_\_\_

I understand that running a road race is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by all decisions of the race officials relative to my ability to complete the run safely. I assumed all risks associated with running in this event, including, but not limited to: falls, contact with other participants, effects with weather, traffic, and conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this course. I, for myself and anyone entitled to act on my behalf, waive and release the organizers, race volunteers, Albemarle High, and Forest Lakes Community Association from all claims or liabilities of any kind arising out of my participation in this event. In consideration for the safety of all participants, I understand that no headphones, animals on leashes, skateboards, skates, rollerblades, or bicycles are allowed on the course. In addition, I understand that if the race is canceled by circumstances beyond the control of the organizers, my registration fee will not be refunded. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature (If under 18): \_\_\_\_\_ Date: \_\_\_\_\_



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**Fostering Lives that are Active, Strong & Healthy**

FLASH is an after-school program for girls in 4<sup>th</sup> or 5<sup>th</sup> grade.

The goal is to...

- Have fun and be active
- Promote a healthy, active lifestyle
- Build confidence
- Create friendships

...all in a non-stressful, positive environment!

Program activities include:

- PE Style Games
- Relay Races
- Obstacle Courses

Sessions run on Wednesdays from 3:00 – 4:00 at the Forest Lakes South soccer field. Each session starts with a healthy snack (provided).

FLASH runs every Wednesday in May. 5 Sessions - \$60. Email [lynn\\_s\\_reed@yahoo.com](mailto:lynn_s_reed@yahoo.com) to register or for more information.

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# Forest Lakes Swim Lesson Program Summer 2018 REGISTRATION

Tuesday, May 15th 6:00pm-7:30pm North Pavilion  
Saturday, June 2nd 11:00am-12:00pm North Pool

You may sign up for any class at either registration. Swim lessons are for Forest Lakes residents only.

## Session 1: June 18- June 29

## Session 2: July 9– July 20

## Session 3: July 23-August 3

### North Pool

Level I 10:35 am; 11:10 am; 6:05 pm  
Level 2 10:35 am; 11:45am; 5:30 pm  
Level 3 10:00 am; 11:10 am  
Level 4 10:00 am; 6:40 pm

### North Pool

Level I 10:35 am; 11:10 am; 5:30 pm  
Level 2 10:35 am; 11:10 am  
Level 3 10:00 am; 11:45 am  
Level 4 10:00 am; 6:40 pm  
Aquatots/Water Babies 6:05 pm

### North Pool

Level I 11:10 am  
Level 2 10:35 am; 11:10 am ; 11:45 am  
Level 3 10:00 am; 10:35 am; 5:30 pm  
Level 4 10:00 am; 6:05 pm  
Level 5 6:40 pm

### South Pool

Level I 5:30 pm  
Level 2 6:05 pm  
Level 3 6:40 pm

### South Pool

Level I 5:30 pm  
Level 2 6:05 pm  
Level 3 6:40 pm

### South Pool

Level I 5:30 pm  
Level 2 6:05pm  
Level 3 6:40 pm

## Parent Assisted Classes

**Waterbabies/Aquatot** (6 mos to 2 yrs) A great first class! Emphasis on water adjustment, safety and supported movement through the water.

**Preschool** (2 years to 3 years) Same skills as aquatot. Emphasis on breath control, jumping-in and beginner forms of propulsion.

Class size: minimum 6 children, maximum 12.

**Level I** (3 years and up) First class without a parent. Skills include floating, kicking, bobbing, arm movements, breath control, rolling over and safety. All skills are done with support.

**Level 2** (3 years and up) Must have completed Level 1 skills. Skills emphasized are rhythmic breathing, unsupported front/back floats and glides, finning, front crawl, elementary backstroke and safety.

**Level 3** (5 years and up) Must have completed Level 2 skills. Skills emphasized are front crawl with breathing to side, elementary backstroke, treading water, butterfly kick, scissor kick, survival float and diving.

**Level 4** (6 years and up) Must have completed Level 3 skills. Skills emphasized are deep water bobbing, breast stroke, sidestroke, back crawl, butterfly and endurance in front crawl and elementary backstroke.

**Level 5** (6 years and up) Must have completed Level 4 skills. Skills emphasized are endurance of previous skills, sculling, shallow and surface dives, flip turns and safety.

**Late registration:** Sign up books with listings of open classes will be available at the lifeguard tables at the pools beginning on Sunday, June 3<sup>rd</sup>.

Swim lessons are taught in **two-week sessions** consisting of eight half-hour classes each session. There are two built-in make-up days per session in case of inclement weather.

**Semi-private** classes will be offered if there are less than 4 children registered for a class. **Private** lessons are available for children and adults.

**Class size:** Minimum 4 children; maximum 6 children (except for parent-assisted classes)

**Cost:** Cost per child per session is \$70.





## 2nd Annual Sunset Run The only 2.4 mile fun run!

The Sunset Run is a fun run with all proceeds going to the UVA Children's Hospital. It was created as Catie Swansiger and Samantha Sanford's school project to make the world a better place. Sunset Run is a

run/walk, family friendly, dog friendly event with **plenty of raffles** after the run.

**Where-** Forest Lakes South, beginning and ending at pool and field area

**When-** Saturday, May 12th starting at 7:00 PM (Yes at sunset!)

**Cost-** \$20 includes t-shirt if **registered by Friday, April 20th**

**Contact Info-** Samantha and Catie at [sunset.run@yahoo.com](mailto:sunset.run@yahoo.com)

**Parking-** limited space available please carpool

-----  
Name \_\_\_\_\_ Age \_\_\_\_\_

Email \_\_\_\_\_

Amount enclosed: Race Fee \$20 + Donation \$ \_\_\_\_\_ = Total \$ \_\_\_\_\_

\*\*Cash and check only. Make checks payable to Lynette Sanford (put Sunset Run in memo line)\*\*

Circle Tee shirt size Youth S Youth M Youth L Youth XL

Adult S Adult M Adult L Adult XL

I would like all my registration fee to go directly to the UVA Children's Hospital (no tee shirt)

I understand that running a road race is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by all decisions of the race officials relative to my ability to complete the run safely. I assumed all risks associated with running this event, including, but not limited to: falls, contact with other participants, effects with weather, traffic, and conditions of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry into this course. I, for myself and anyone entitled to act on my behalf, waive and release the organizers, race volunteers, Forest Lakes Community Association from all claims or liabilities of any kind arising out of my participation in this event. In addition, I understand that if the race is canceled by circumstances beyond the control of the organizers, my registration fee will not be refunded. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

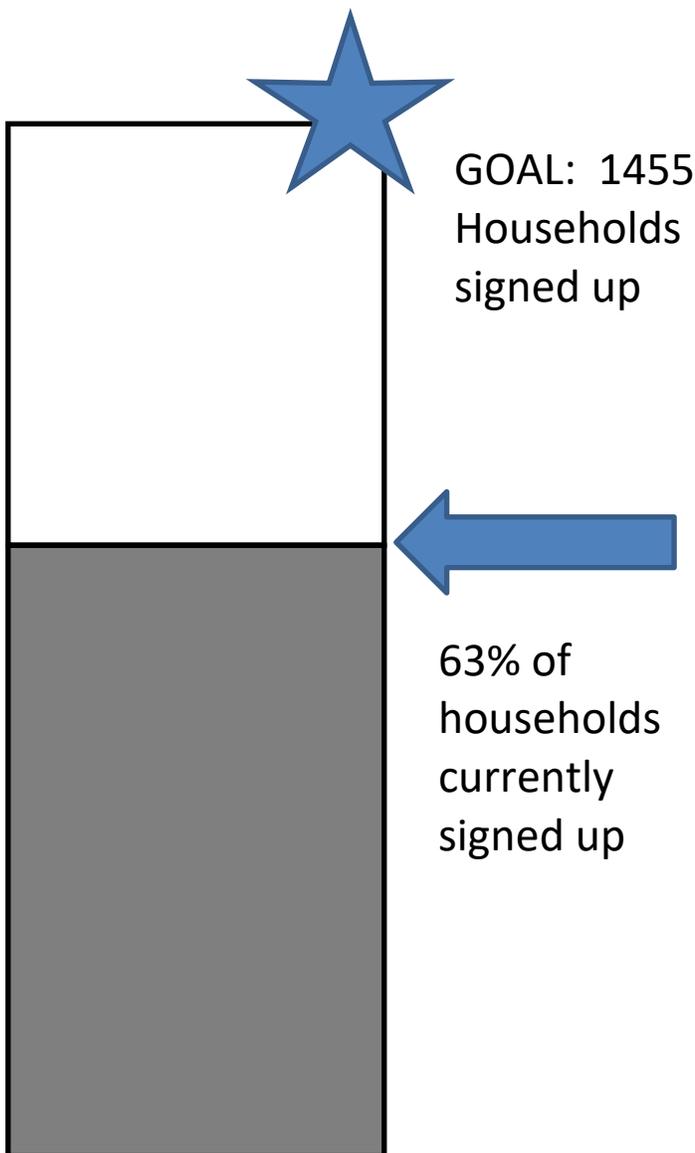
Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian's Signature (if under 18): \_\_\_\_\_ Date \_\_\_\_\_

\*\*Mail form to: Sunset Run 1581 Thornridge Way, Charlottesville, VA 22911\*\*

# E-News!!!

## Get it – be informed!!!



Help us reach our goal of 100% of Forest lakes households being signed up for E-News! Don't have it? Get it!

Pertinent information sent out only to FL residents – only when necessary. We won't flood your inbox or share your email address.

To sign up, call the office at 973-4596. We'll do it for you!



A **Smile** creates memories,  
We don't just create **memories**,  
we create **happiness**.

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3-Day (M/W/F), 4-year-old Class  
5-Day, 4-year-old Class  
3-Day, Transitional Kindergarten Class  
5-Day, Transitional Kindergarten Class

**9:00 a.m.—12:30 p.m.**



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- **Large & Small Tree Removal**
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- **Topping** *Reduce tree canopy by up to 50%.*
- **Bush Trimming** *Trim hedges to your desired size and shape.*
- **Stump Grinding** *Roots and trunk are chipped.*
- **Hauling Debris** *Get rid of all that brush build-up!*
- **Tree Feeding** *Strategically placed fertilizing!*
- **Lot Clearing** *Start from scratch with a clean yard!*



## **BENEFITS**

### **Personal Service**

• You now have a **dependable tree guy** that will show up on time and get the job done quickly, safely and correctly.

### **Peace of Mind**

• We have a **\$1,000,000 Insurance Policy**

### **3 Month Follow Up**

• **We stay in touch**, so you don't have to worry about losing our number!

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ECRWSS  
U.S. POSTAGE  
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EDDM RETAIL

## **TREE TOO DANGEROUS? NOT A PROBLEM!!**

We do dangerous and hazardous removal. Check out our POV Videos on our Facebook page or Youtube Channel.

Local  
Postal Customer

## **TESTIMONIALS**

"Took out a large oak tree, which was in a challenging location, next to a retaining wall and my house! Great work! Luke & team are highly skilled" -Katie B.

"Very good work, professionally done. I recommend Grubb Tree Service and would engage again." - Marie J.

"I'm a first time home buyer. Didn't realize how much work my relatively big yard would require. There were bushes and some unnecessary trees everywhere. Grubb Tree Service did excellent work." -David H.

Want to see what we do first hand? Check out our POV Videos!



**Angie's list**

Are you, or someone you know, thinking of selling or buying a home in Forest Lakes?

Let's have a conversation!

Whether you are a seller or buyer, let me help you with your real estate decisions.



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Join Us for the 17<sup>th</sup> Annual

# Run and Remember

A 5K Run/Walk to Benefit  
Hospice of the Piedmont

*Hosted by the Keswick Club, in loving memory of Sally Carle*

**Saturday, May 12, 2018**

Keswick Club Pavilion

Race starts at 8 a.m.

(Day-of registration starts at 6:30 a.m.)

Cost: \$35 for individuals (\$40 race day) / \$20 for children 12-18 years old  
\$15 for children under 12 / \$20 for virtual runners

Visit [hopva.org/5K](http://hopva.org/5K) for more details and to register for the race.

Call Hospice of the Piedmont at 434-972-3568 for more information.

Take advantage of our **online registration** and **peer-to-peer fundraising tools!** Each runner, walker, and volunteer is encouraged to fundraise individually via our online fundraising system.

Information is available online!

All proceeds will benefit Hospice of the Piedmont and their work to provide end-of-life care and grief support to families throughout central and northern Virginia.



**HOSPICE** *of the*  
**PIEDMONT**  
*Sharing the Journey*



**ZEN TENNIS AFTER SCHOOL PROGRAM AT FOREST LAKES**  
**2018 SPRING 10-WEEK Youth Tennis Program**  
**BEGINS Monday, March 12, 2018**

Beginners I, II and III (Guidelines) Player has little or no experience. Beginner I is for very young players, Beginner II is for slightly older beginners. Beginners III is for beginners that are 12 or older.

Advanced Beginner (Guidelines) Player must be able to hit 10 balls in a row against backboard from 20 feet away (forehand & backhand), rally with partner from the baseline 10 balls in a row each, serve 5 of 10 balls into appropriate service box, know how to keep score, and play a complete tennis match.

Intermediate (Guidelines) Player must be able to hit 20 balls in a row against backboard from 20 feet away (forehand and backhand), rally from baseline with partner 30 balls in a row, serve 6 of 10 serves to each service box, and must have played at least 5 complete tennis matches. Player must exhibit proper stroke mechanics and grips for all shots and must know the rules of tennis.

Tournament Training (Guidelines) Player must be able to maintain a baseline rally of 40 balls, properly execute volleys and overhands, and be able to execute flat, slice and kick serves. Players should also be training for high school or tournament competition.

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
3:30-4:30	BEGINNER I AGES 4-7	BEGINNER II AGES 7-11	BEGINNER I AGES 4-7	BEGINNER II AGES 7-11	BEGINNER II Ages 7-11
4:30-5:30	ADV. BEG AGES 7-11	INTERMED. 4:30-6:00	ADV. BEG AGES 7-11	INTERMED. 4:30-6:00	ADV. BEG AGES 7-11
5:30-6:30	BEGINNER III & Adv. Beg. 12+	TOURN. TRAINING 6:00-7:30	BEGINNER III & Adv. Beg. 12+	TOURN. TRAINING 6:00-7:30	BEGINNER III & Adv. Beg. 12+

- MINIMUM OF 3 STUDENTS PER CLASS required

**Jim Labinski**  
**Director of Tennis**  
 Forest Lakes Tennis  
 434.249.6420 (cell)  
[zentennis929@gmail.com](mailto:zentennis929@gmail.com)

# PROGRAM REGISTRATION

## ZEN TENNIS AFTER SCHOOL PROGRAM AT FOREST LAKES 2018 SPRING 10-WEEK Youth Tennis Program

<u>WEEK 1</u>	<u>WEEK 2</u>	<u>WEEK 3</u>	<u>WEEK 4</u>	<u>WEEK 5</u>	<u>WEEK 6</u>	<u>WEEK 7</u>	<u>WEEK 8</u>	<u>WEEK 9</u>	<u>WEEK 10</u>
3/12- 3/16	3/19- 3/23	3/26- 3/30	4/2- 4/6	4/9- 4/13	4/16- 4/20	4/23- 4/27	4/30- 5/4	5/7- 5/11	5/14- 5/18

Make up weeks, if necessary, are 5/21-5/25, 5/28-6/1, and 6/4-6/8.

\*PLEASE  BOXES FOR WEEKS YOU ARE REGISTERING

NAME \_\_\_\_\_ AGE: \_\_\_\_ CLASS: \_\_\_\_\_ 5 WKS. 10 WKS.  
M T W Th F

NAME \_\_\_\_\_ AGE: \_\_\_\_ CLASS \_\_\_\_\_ 5 WKS. 10 WKS.  
M T W Th F

NAME \_\_\_\_\_ AGE: \_\_\_\_ CLASS \_\_\_\_\_ 5 WKS. 10 WKS.  
M T W Th F

PARENT NAME \_\_\_\_\_ PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

*Reserve your place in this fall's tennis program in person, or with an email to Coach Jim at [zentennis929@gmail.com](mailto:zentennis929@gmail.com).*

PLEASE RETURN THIS FORM W/ CHECK PAYABLE TO: **FOREST LAKES TENNIS**

### PRICES

#### BEGINNER AND ADV. BEG.

1 DAY PER WEEK	5 WEEKS	\$90
	10 WEEKS	\$135
2 DAYS PER WEEK	5 WEEKS	\$140
	10 WEEKS	\$210
3 DAYS PER WEEK	5 WEEKS	\$165
	10 WEEKS	\$270

#### INTERMEDIATE AND TOURNAMENT

2 DAYS PER WEEK	5 WEEKS	\$180
	10 WEEKS	\$300
1 DAY PER WEEK	5 WEEKS	\$105
	10 WEEKS	\$170

# FOREST LAKES COMMUNITY ASSOCIATION 2018 RESIDENT INFORMATION

Neighborhood: \_\_\_\_\_

\*E-NEWS (Pertinent emails from the FLCA Office) OPT-OUT Only

Check box below owner or renter:

HOMEOWNER(S):

RENTER(S):

*First Name:* \_\_\_\_\_ *Last Name:* \_\_\_\_\_

Address: \_\_\_\_\_ E-mail: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

*First Name:* \_\_\_\_\_ *Last Name:* \_\_\_\_\_

Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_ E-mail: \_\_\_\_\_

\*In case of Emergency contact \_\_\_\_\_ # \_\_\_\_\_

**CHILDREN/DEPENDENTS - (others living @ residence)**

First and Last Name	Age	Grade (2017-2018 school year)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I have read all of the rules, understand, and agree that all residents, dependents, and household guests are expected to follow the rules for the safety of everyone at the Forest Lakes facilities. I also understand that pool membership cards are non-transferable under any circumstance. Fitness Center electronic cards are transferable only at the time of ownership transfer.

Signature \_\_\_\_\_ Print Name: \_\_\_\_\_

**OFFICE USE ONLY:**

Fitness Center Card # \_\_\_\_\_ / \_\_\_\_\_ Date \_\_\_\_\_

Additional card(s) issued

# \_\_\_\_\_ / \_\_\_\_\_ date \_\_\_\_\_ # \_\_\_\_\_ / \_\_\_\_\_ date \_\_\_\_\_ # \_\_\_\_\_ / \_\_\_\_\_ date \_\_\_\_\_

**CLUB AMENITIES:**

**SOUTH LOCATION:** recreational swimming pool with designated diving and lap swimming areas, children’s wading pool, four hard surface tennis courts with lights, fitness room equipped with state-of-the-art equipment, sand volley ball court, playground and soccer field.

**NORTH LOCATION:** recreational swimming pool with water slide and separate diving and lap swimming pools, wading pool, six clay surface tennis courts (4 lighted), tennis Pro-Shop and playground area.

**FITNESS FACILITY:**

The fitness facility is accessible with a valid electronic access card. Each household is issued two (2) cards to the facility. Additional cards may be purchased through the Forest Lakes Community Association office at the North Recreation Center.

**POOL ACCESS:**

Contact the Forest Lakes Community Association office for details.

**LIABILITY/  
OWNERSHIP:**

The recreational facilities are owned and operated by the Forest Lakes Community Association and are for the use of residents and their guests only.

**RULES &  
REGULATIONS:**

All persons listed on this form are bound by and shall comply with the rules and regulations of the Forest Lakes Community Association as they are written and may be amended from time to time.

I HEREBY ACKNOWLEDGE THAT I HAVE READ THE ABOVE INFORMATION AND HAVE RECEIVED A COPY OF THE FOREST LAKES SWIM & TENNIS CLUB GENERAL RULES & REGULATIONS.

\_\_\_\_\_

ADULT MEMBER

\_\_\_\_\_

DATE

\_\_\_\_\_

ADULT MEMBER

\_\_\_\_\_

DATE

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 1 DAY ON MARKET



Wow! We are absolutely thrilled to announce to the Forest Lakes Community that **Barbara Corcoran**, world famous Real Estate Mogul and regular shark on ABC's Shark Tank, has *exclusively* endorsed the **Cochran Team with Avenue Realty** as the *one and only* real estate firm she trusts in Charlottesville.

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